

going crazy in his room and how can I find what I need to make me not want to scream from the balcony and how can I be there for my mom who is getting older and she has her needs. I feel like I don't want her to be neglected. And for my son. It's just like having this balance, right, and making sure that...everybody is different. Everyone is a different human being. **And trying to make sure that everyone is feeling like they are getting something that they want.**"
— *Asian mother, nationwide*

- "Well-being is happy, healthy and safe, and family well-being is more like **having a balanced life.**"
— *Asian mother, nationwide*
- "I think family well-being means couple, a relationship between couples and the relationship with the child and how you communicate always with your child and how you relate to solve the problem. What is a way that you solve the problem with your husband or your child? So, I think that is important." — *Asian mother, nationwide*